July 2022



# Senior Newsletter

## A Season of Thanks

By Lee Anderson-Harris

June was a month of saying thank you to staff who are saying farewell in their roles. Dr. Chris White's time as interim choir director drew to a close, and to say thank you the "FUMC duck" was decorated in honor of him. The Loveland Rotary Club sells these rubber ducks to raise funds for the Thompson Valley School District (Thank you, Rev. Bob Link for your gift of our duck!). They are decorated and proudly displayed at the Loveland Corn Roast Festival each year. Chris serves as the Chair of the Rotary Duck Race Committee, and puts in many hours organizing this event and coordinating the ticket sales that raise funds. A duck in his honor seems like a good way to honor his work and say thank you! Lois Ashcraft used her creative gifts (I hear Phil helped too!), and the result was the ConDUCKtor. The mortarboard represents Chris's career as a university professor.

THANK YOU to both Chris and Dona White for your servant's hearts and generosity, and for getting us through a challenging time! We have all been blessed by you!

We also said thank you to Ann Kessler and Mary Hannon as they retired and are going on to a new chapter in their lives. On June 12, both were honored during worship and with a potluck reception. They received many heartfelt cards from the congregation, hugs and wellwishes, a lantern to remind them of God's light on their paths, and two gifts unique to their own passions. Mary plans to continue using her card-making gifts in a new business, and she received a gift card from the church to help with supplies.

Ann enjoys sewing quilts, and the youth distributed fabric squares for staff, youth, parents, and others to write a message for Ann to remember by sewing the squares into a quilt. There were plenty of tears all around as we honored Ann and Mary, and especially when these gifts were presented to them. We have all been blessed by their years of service (a combined 18 years on staff!), their hearts and courage, and all that they bring to Christ's table!



Chris White and the ConDUCKtor



Mary Hannon and Ann Kessler as we celebrated their retirement

#### Moment of Reflection...

Summer is seen as a time to slow down, but many of us stay just as busy. Wayne Muller in *Legacy of the Heart* wrote:

Brother David Steindl-Rast reminds us that the Chinese word for "busy" is composed of two characters: "heart" and "killing." When we make ourselves so busy that we are always rushing around trying to get this or that "done" or "over with," we kill something vital in ourselves, and we smother the quiet wisdom of our heart. When we invest our work with judgment and impatience, always striving for speed and efficiency, we lose the capacity to appreciate the million quiet moments that may bring us peace, beauty, or joy.

Excerpt from *Spiritual Literacy: Reading the Sacred in Everyday Life*, by Frederic & Mary Ann Brussat, p313

Better is a handful with quiet than two handfuls with toil, and a chasing after wind. (Ecclesiastes 4:6, NRSV)

Did You Know?

Did you know that many of the events and gatherings at FUMC are for all ages? There are certain age-specific events, such as Prime Timers or young adult gatherings. But many of the "family" events are open to all ages, and older adults are encouraged to come and join in the fun. *Our younger families* 

**love having their FUMC family of all ages together!** If something is listed in the Window and does not specifically say youth or children, it is an invitation to all!

The Women's Fellowship will meet next on July 28 at 12:00pm in West Coy. This month's project is to bring canned fruit for Salvation Army clients in Loveland.

The program will be a short talk on historical cooking by Rev. Lee. Historical cooking is a hobby of hers, and she will bring a sampling of foods for a light lunch!



Rev. Lee in the kitchen at Fort Lancaster in Fort Lupton.

### Delivery Volunteer Spotlight

Hi! I am Andrea Ortega and I have been delivering the Window and Senior Newsletter for over a year to some members of the congregation. I love that I get to know my fellow church family and help keep them current on church happenings and connected to the church.

I was born in Rawlins, WY and moved to Laramie, WY at the age of six. At the age of 13, my mom graduated from college, accepted a job in Arapahoe, WY and moved us to Riverton, WY about seven miles away. I resided in Riverton for 18 years and graduated from Central Wyoming College with an Associates of Applied Science Business Office System in 2003.

I worked for Fremont Radiology for six years as a data entry and MRI intake specialist and have been an independent insurance agent since 2008 in WY and CO.

I moved to Loveland in 2012 with my girlfriend/fiancee' of 14 years, Jamie, and our two dogs. In Jan 2018 we moved my Grandpa, Paul Bodenberger and his two poodles, from Eugene, OR to live with us until his passing in Oct 2019. My Grandpa and I attended a different church each Sunday to find him a church home. In the process, God led us both to FUMC!

I have served on the FUMC Marketing and Outreach committee since 2018 becoming chair in 2019. I am involved in the FUMC LGBTQ+ Oasis group and enjoy serving where needed in and outside of the church.



### Thank you Andrea for serving!

Twenty-five people gathered on June 3 at Dwayne
Webster Park for the *Prime Timers Picnic*! What's on
the horizon? Look for information about a September
gathering. Stay tuned!

#### July Birthdays

<u>July 2</u> <u>July 8</u> <u>July 13</u> <u>July 23</u>

Fran Bostwick Robert Coffey Laurie Kidd Mary Gayman

James Piersel Dennis Lewandowski

Steve McMillan July 15 July 26

July 3 Shirley Hogan Curtis Deines

Jodi Moore July 10

Russ Steen Sondra Friedrichsen July 16 July 27

Ginger Champion Gil Garcia

July 4July 11Karen MaelzerRich StiversonRich Eastman

<u>July 17</u> <u>July 5</u> <u>July 12</u> Terry Cline

Mereda Darnell Linda Marcinkowski

Larry Hagan Gaylene West <u>July 22</u>

Laurie Mullins Sandra Spencer

#### **Ways to Receive Care**

**FUMC Bus:** If you would like a ride to church or have questions about riding the church bus, please contact Roger Williams at 970-980-8228. (Please call after 4:00pm.)

**Prayer Shawls:** If you would like a hand-knitted prayer shawl so you can wrap yourself in prayers, contact Pastor Lee.

**Prayer & Care Ministry:** If you could use some prayers, extra connection during a challenging time, or just feel like you want some additional connection to FUMC, please contact Pastor Lee.

Pastoral Care Emergencies: If you need to speak with a pastor right away in the evening or on a weekend (Friday and Saturday for our pastors), please don't hesitate to call their cell phone.

#### **Contact Us**

Pastor Leslie:

leslie@fumcloveland.com Office: (970) 667-0876 Cell: (719) 650-9449

Pastor Lee:

lee@fumcloveland.com Office: (970) 667-0876 Cell: (303) 506-6724