

Senior July/August 2023

Newsletter



Revive!

By Rev. Lee Anderson-Harris

This year's Annual Conference of the Mountain Sky Conference, held in Colorado Springs on June 22-25, was the first time I participated in-person since 2019. 2022 was the first time an in-person conference was held since the pandemic (in Helena, MT) and due to the distance and travel cost, I...along with many others...participated online. When people ask me "How was Annual Conference?" the first thing I say is how good it was to see people I haven't seen in years. Of course, there is more to Annual Conference than togetherness. There is work to be done, and this year we had difficult things to vote on. I won't go into that here because a more thorough report will be coming out in the next week or so, and you can read that elsewhere. But all of the work...whether exciting or tedious, uplifting or sorrowful...serves as a revival for me. Annual Conference is tiring, don't get me wrong. But it reminds me of why I choose to be a United Methodist.

Passion for anything can lag at any time, and passion for life in general is no exception. Here is a devotional on the subject that comes from *Senior Living Ministries Daily Devotional*:

O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water.

Psalm 63:1

A shopper approached the perfume counter at a department store and asked the saleswoman, "Do you still have Elizabeth Taylor's Passion?" To which the overworked saleswoman candidly replied, "If I did, honey, would I be working here?"

Passion is something no Christian should be without. It's the mark of knowing that your life has a purpose in God's plans – and that each day brings adventures of His making. But the heart of true, life-affirming passion is found in your relationship with God. He is the only infinite source of joy, and when you lose sight of Him, your passion quickly fades away. **Passion ignites in our**

hearts when we encounter God.

Prayer Challenge

Pray that God will draw you to Himself and allow you to encounter Him in a powerful way.

Question for Thought

What are some times in your life when you experienced a God-inspired passion?

Summer of Fun and Community!

From the Youth Mission Trip to Kansas City, to Family Outreach Ministries bash (that had to be moved indoors due to all that rain in June!) to Union's young adults and family events, there has been a lot going on for our young people! Check out these photos!

Youth group at Dairy Queen











Family Outreach
Ministry's end-ofschool-year/
beginning-ofsummer/Pride
celebration



Union's Yoga in the Park and Summer Solstice Gathering



Youth Mission Trip to Kansas City



This reflection comes from The Upper Room and was shared by Phyllis Wehrle:

Sunrise and sunset mark opposite ends of each day, yet each equally inspires me. Daybreak and dusk. Young and old. By God's design, each one mirrors its opposite in beauty. In the gentle light of dawn, I embrace God's truth. Indeed, the sunset is just as magnificent as the sunrise. I do not have to fear the journey of aging. God will never leave me. Instead of being fearful, I can seek the beauty that comes at the end of each day just as I do at the beginning. I can find beauty in both beginnings and endings.

—Missy Buchanan, <u>Beach Calling: A Devotional Journal for the Middle Years and Beyond</u> (Upper Room Books, 2019)

Today's Scripture

From the rising of the sun to the place where it sets, the name of the Lord is to be praised.

—Psalm 113:3 (NIV)

Praver for the Week

Like the waves of the ocean rolling onto the sand, may God's glorious grace, rush into my heart and soul, again and again.

Who Are You Calling Ordinary?

Ordinary Time is the name given to the Christian season after Pentecost that stretches across summer and into the fall. Sue Mullins reflected on how this season can be called ordinary, and wrote "This is the extravagant time when we plant flowers and seeds and trust that they will enrich our lives! This is a season of promise and hope and caring and beauty as we plant not only to reap the harvest for ourselves, but to share with others.

To me...that's faith!" Amen, Sue! And thank you for sharing!

Senior Resources-Volunteers of America Handyman Program

Volunteers of America's Handyman Program in Northern Colorado focuses on home safety through assessment, education, and repair. Our primary goal is to help reduce the risk of injury from slips, trips and falls. We provide simple safety repairs and minor home maintenance for limited-income seniors and disabled adults who reside in Larimer County.

Volunteers provide the labor; clients are responsible for the cost of materials.

EXAMPLES OF THINGS WE DO

- Install grab bars and handrails
- Install smoke and carbon monoxide detectors
- Make minor repairs on stair treads
- Replace furnace filters and light bulbs
- Build risers for chairs, couches, and beds
- Build wheelchair ramps

For more information, please contact

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July, August, and Early September Birthdays

July 2	July 16	August 7	August 22
Fran Bostwick	Ginger Champion	Tom Pitts	Margie Billingsley
	Karen Maelzer		Norma Hammond
July 3		August 8	
Jodi Moore	July 17	Ann Aggers	August 24
Russ Steen	Terry Cline	Randy Starr	Rob Hoch
			Mary Jordan
July 4	July 22	August 9	Susan Rostvedt-
Rich Stiverson	Sandy Spencer	Kathy McMillan	Johnson
July 5	July 23	August 11	August 25
Reda Darnell	Mary Gayman	Elden Gayman	Richard Kittel
Larry Hagan		·	Marilyn Roberts
Laurie Mullins	July 25	August 12	
	Sunny Busch	Bob Beers	August 27
July 8	·	Craig Johnson	Pat Gillespie
Robert Coffey	July 26	Joanne McGinnis	
Dennis Lewandowski	Curtis Deines	Anita Williams	August 30
Steve McMillan	Steve Penfold		Virginia Brandt
		August 14	· ·
<u>July 10</u>	July 27	Sandra Stever	September 1
Sondra Friedrichsen	Gil Garcia		Luann Ball
		August 16	
July 11	August 3	Suzanne Proctor	September 2
Lester Eastman	Keven Aggers		Kenneth Quick
	00	August 17	
<u>July 12</u>	August 4	Mame Chambers	September 3
Linda Marcinkowski	John Irelan	Duke Phillips	Ron Griese
Gaylene West		,	Marjorie Swett
,	August 5	August 20	,
<u>July 13</u>	Raymond Flynn	Cecilia Ball	September 4
Laurie Kidd	-, ,		Dolores Pancoast
	August 6	August 21	Donald Smith
July 15	Doug Hill	Vicky Shields	
Shirley Hogan	Trish Moreland	Mike Spoon	