February 2025



Senior Newsletter



Guatemala Mission Trip 2025

FUMC's volunteers teamed up with others to work on another house for a Guatemalan family. They returned tired but happy to be able to care for our siblings in Guatemala!













Join folks from FUMC and Trinity UMC for the next JOY Fellowship! JOY Fellowship is a monthly luncheon and program for adults age 55+. FUMC adults are warmly welcomed to join them each month. There is no cost to attend, but donations are welcome.

Wednesday, March 5 at 11:00am

Trinity UMC, 801 Cleveland FUMC's Jim Willard will talk about journalism and his column in the Loveland Reporter-Herald.

To RSVP, sign up at the Ask Me Desk or contact Pastor Lee at lee@fumcloveland.com or (970) 667-0876.

A Heartfelt Thank-You

Each of the recipients of the 2024 Christmas Offering received \$2,930.25: UMCOR Disaster Relief, Community Kitchen, and Noor El-Salam. Amine Tarhini and Susan Bryant, founders of Noor El-Salam, shared these photos and wrote the following words of gratitude:

Dear Beloved Community,

On behalf of Noor El-Salam, we gratefully and humbly thank you for your extremely generous Christmas Eve offering. Your donation will make a huge difference in the lives of refugee children and their families. Education holds the key to lifting them from poverty. Love is lifting them from despair. We will use every dollar to sow seeds of "Light and Hope."

May you and your congregation prosper and grow in this New Year and until we meet again, be held in the great and good hands of God.

Gratefully,
Amine & Susan

For more information about Noor El-Salam, visit www.noorelsalam.org. I (Pastor Lee) joined their Board of Directors this month, so if you want to learn more about how you can support this mission moving forward, you can talk to me!









Lessons From a Tree

This devotion comes from FUMC parishioner Christy Bashor:

For I am confident of this very thing, the He who began a good work in you will perfect it until the day of Christ Jesus. (Philippians 1:6)

While out hiking, I came across a tree that had been twisted by years of exposure to harsh alpine winds. The top two-thirds of its total height, which at one time may have been 30-40 feet, had toppled to the ground. But what remained standing was beautifully arrayed in branches twisting and reaching in a myriad of directions, each densely covered in proliferous rich, deep green needles. It was no longer a tree of perfect shape and content but now took on a different form of beauty in its character and tenacity.

It occurred to me how much our lives can be like that tree. There are parts of our lives and dreams that have been killed and lie in crumbled heaps. Our lives no longer take the shape we would have originally intended. The harsh winds of life have twisted hopes and plans in ways we never would have chosen, but maybe, if our "roots" reach deep into the solid rock of Jesus, if we keep on striving, our lives will show their beauty in character and tenacity.

Christy, this is beautifully written, and I thank you for sharing it! It reminded me of this picture I have hanging in my office, given to me years ago by a co-worker who cherished it for the same inspiration she received from it. ~Lee



February/Early March Birthdays

February 1February 9February 15March 1Steve TungesvickMelinda BartBob ChambersJudy Deal

Jo Anne Woodward Rusty Mathena

February 3 February 16

Linda Schilling February 10 Nancy Baker March 3

Alana Paulsen Julie Monroe

<u>February 5</u> <u>February 17</u>

Terry Gindlesparger <u>February 11</u> Marcia Kittel <u>March 5</u>

Kay Atwood Lois Beers

Wendell Maupin

February 6AJ ErwineFebruary 18Sheila BergKim LaueLinda Giauque

Mary Hannon

February 7 February 12

Ginny Angelovic Kent McCloughan <u>February 19</u>
Richard Zelenka Lorri Nelson-Bradley Marc Messervey

Larry Ward

<u>February 8</u> <u>February 25</u>

Penny Kindred <u>February 13</u> Ann Eatman

Jasper Brundege Marlin Yoder

Resource for Aging Well

Advance care planning is valuable but can be overwhelming. Here are a couple of resources to help you get started:

ADRC Support Services through the Larimer County Office on Aging

www.larimer.gov/humanservices/aging/ ooa/adrc/services

Contact at (970) 498-7750 or email aging@larimer.org to set up an appointment by phone or in person for their services.

University of Colorado Anschutz Advance
Care Planning Roadmap

medschool.cuanschutz.edu/ coloradocareplanning

Contact Us

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